



Sixmilebridge + Kilmurry Parish Newsletter



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Parish Office

Mon - Fri. 10.00 a.m. - 12.00 Noon

For Booking of Masses, Baptisms & Weddings.
Baptisms take place at 12.00 Noon on Sundays in
Sixmilebridge + Kilmurry

In Loving Memory

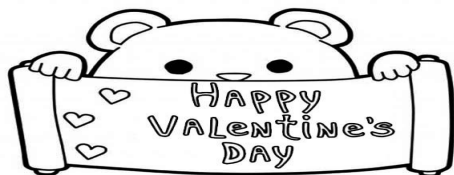
We remember all our loved ones and especially those whose anniversaries occur at this time. **May they Rest in Peace.**

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|-----------|-------|--------|---|
| Sun. 14th | 11am | Webcam | Breda levers (1st Anniversary)
Angela + Frank Glynn
Maureen + Gerry Donnellan
Conor Donnellan
Gerard O'Connell (1st Anniversary)
Mary Egan |
| Sun. 21st | 11 am | Webcam | Moira Hennessy
Betty O'Keeffe
Patrick + Bridget O'Neill
Timmy McDonnell |

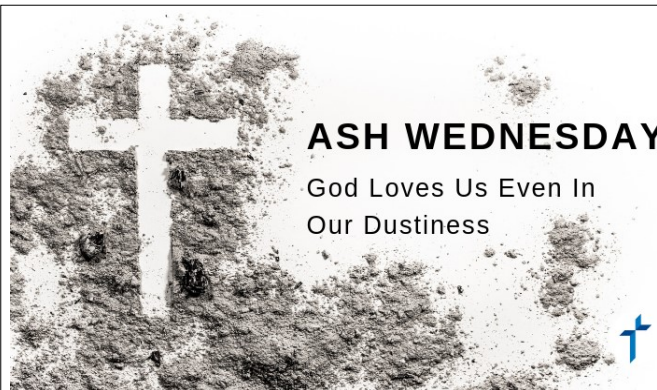
Please join us for Mass via Webcam

The Parish Council are very carefully distributing the annual Parish Contribution envelope boxes while adhering to Government guidelines during this difficult time. We would like to thank sincerely all who are continuing to contribute and support our Parish. Your generosity is greatly appreciated. If you haven't received a box and would like to get one please contact the Parish Office.

"Best way to Find Love - is to Find God"



God IS LOVE



ASH WEDNESDAY

God Loves Us Even In
Our Dustiness

Next Wednesday is Ash Wednesday and the Beginning of Lent

Lent is a time dedicated to prayer, fasting and reflection in preparation for the Celebration of Christ's Paschal Mystery in the Easter Triduum. This year as we are in a pandemic Ashes will be Blessed on Sunday and will be available in the Church on Ash Wednesday.

"Remember that you are dust, and to dust you shall return."

Prayer for Ash Wednesday

Merciful Father,
You reminded us of the true meaning of repentance.
As this Holy Season of Lent begins,
turn our hearts towards you.
Let the mark of ashes remind us throughout
the season of this call to conversion.
May our repentance be truthful and sincere.
May our prayer be open to your guidance and grace.
May our almsgiving be generous and
without strings or restrictions.
In the name of Your Son, our Lord Jesus Christ,
we pray. Amen.

Prayer for Spiritual Communion

My Jesus I believe that you are present in the Most Holy Sacrament. I Love You above all things and I desire to receive You into my Soul. Since I cannot, at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if you were already there and unity myself wholly to You. Never permit me to be separated from you. Amen

Lent – What to give up ...

- Give up complaining** – focus on gratitude
- Give up pessimism** - become an optimist
- Give up harsh judgements** – think kindly thoughts
- Give up worry** – trust Divine Providence
- Give up discouragement** – be full of hope
- Give up bitterness** – turn to forgiveness
- Give up hatred** – return good for evil
- Give up negativism** – be positive
- Give up anger** – be more patient
- Give up gloom** – enjoy the beauty that is all around you
- Give up jealousy** – pray for trust
- Give up gossiping** – control your tongue
- Give up sin** – turn to virtue
- Give up giving up** - hang in there

COVID-19 Support Line for Older People: ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19. Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven day a week, 8 a.m. – 8 p.m. by calling 0818 222 024

Library Notice 'Clare Reads'...The book 'This is Happiness' by Niall Williams is a Keep Well and an Ireland Reads initiative to encourage reading in the community. Please contact Sixmilebridge Library on 061-369678 or sixmilebridge@clarelibrary.ie if you would like one. There are a limited number of free copies available. Clare County Library service is providing a delivery service of library books and other materials to people's homes. This service is part of Clare County Co. #InThisTogether campaign. This campaign encourages everyone to stay connected, stay active and look after your mental health.

Sixmilebridge G.A.A. Club Lotto
Numbers drawn: 3 8 20 34
Next Jackpot €20,000